

COVID-19

Keeping You and Your Family Safe and Healthy



Stay protected from the COVID-19 coronavirus by practicing social distancing, frequent hand washing, and limiting non-essential trips outside the home except to go back and forth to work. Without a vaccine and antiviral treatments, stopping the transmission and preventing the spread through these precautions continues to be critically important. Guidance has been issued by the Centers for Disease Control and Prevention (“CDC”) on [how to reduce your risk and your family’s risk to COVID-19](#).

SOCIAL DISTANCING – Keep a minimum distance of 6 feet from others in work and non-work settings whenever possible. It is critically important to do this on a consistent basis.

HAND WASHING – Wash hands frequently with soap and water for at least 20 seconds, the amount of time it takes to sing “Happy Birthday” twice. If soap and water is not available, clean hands thoroughly with hand sanitizer – alcohol-based (60% or greater).

AVOID GATHERING IN GROUPS – Currently, the CDC and many state guidelines recommend that no more than 10 people gather in a group.

LIMIT NON-ESSENTIAL SHOPPING AND TRAVEL – Staying at home whenever possible, for the time being, is a critical part of protecting yourself and your family from contracting the virus. Follow any state or local directives regarding stay-at-home or shelter-in-place orders and contact your local union with questions.

If you are working on job sites, ensure that you also:

WEAR ALL PPE – The task will define what PPE is needed. Ensure that all PPE required is worn, and properly cleaned and disinfected after each use. The [UA Guidelines to Protect Worker Health](#) provide guidance for working on sanitary systems and HVAC equipment including PPE recommendations.

CLEAN & DISINFECT TOOLS AND EQUIPMENT – Before and after each use. Avoid sharing tools if possible. Follow guidelines for tool cleaning provided in the UA Guidelines to Protect Worker Health and at [www.ua.org](#).

STAY INFORMED – Stay updated through your local union and UA communication channels. Get your news from trustworthy sources as the situation continues to evolve and change rapidly.

STAY HOME IF YOU ARE SICK AND NOTIFY YOUR EMPLOYER – In addition, if you test positive for COVID-19 or if you have symptoms of COVID-19 (such as a fever, cough, or shortness of breath), notify your employer and take immediate steps to self-quarantine following the guidelines issued by the CDC and any applicable state authorities.

#STAYSAFE #UASTRONG